

## Food Allergens and Processed Ingredient List

Last updated 2/1/2011

Product:	Manufacturer/ Product #	Soy	Eggs	Wheat/ Gluten	Milk/ Lactose	Nuts/ Seeds	Fish/ Seafood	HFCS	Partially Hydrogenated Oils	EDTA, BHT, BTA NITRATES	Artificial or Natural Color and Flavorings
		*Contains Soy Oil	*Processed in a facility that contains	*Contains ingr that may have gluten	*May contain	*Processed in a facility that contains nuts				*Contains BHT in packaging	
<b><u>Bread/Grain:</u></b>											
16" Pizza Crust	Rich's/35086	X*		X				X	X		
7" Pizza Crust	Rich's/16387	X*	X*	X	X*	X*		X			
12" Pizza Crust	Rich's/27516	X		X							
16" Pizza Crust	Rich's/35086	X*	X*	X	X*			X			
Big Daddy Pizza Crust	Schwan's/78942	X		X	X				X		X
Cheese Filled Breadstick	Schwan's/73329	X	X	X	X			X	X		X
Cheese Breadstick	Tony's/73329	X		X	X					X	
French Breadstick	Rich's/10532	X*	X	X	X*	X*		X			
Bread, Sliced WW	Franz/72220	X		X	X			X			
Bolillo Roll, Wheat	Rich's/02432	X*	X*	X	X*	X*		X			
Kaiser Roll, Crusty	Rich's/12722	X*	X*	X	X*			X			
Kaiser Roll, Wheat	Rich's/03279	X*	X	X	X*	X*		X			
4" Hamburger Bun, MG	Franz/74218	X*		X							X
Hoagie Roll	Rich's/03199	X*	X*	X	X*			X			
Hoagie, WW	Franz/70410	X*		X							
Hot Bun, WW	Franz/70406	X*		X							
Dinner Roll, WW	Franz/70512	X		X				X			
Stuffing Mix, Instant	Uncle Ben's/13505	X		X						X	X
Rotini Noodle, MG	Heartland/650268		X	X							
Elbow Noodle, WW	Heartland/650841		X*	X							
Egg Noodle, Wide	Arezzio/600541	X	X								
Egg Noodle	Heartland/600729		X	X							
Fettucini Noodle	Pasta Labela/600667	X*	X								
Linguine Noodle	Pasta Labela/600785										
Lasagna Noodle	Pasta Labela/660777										
Spaghetti Noodle, WW	Pasta Labela/640617			X							
Macaroni, Elbow Pasta WW	Heartland/650841		X*	X							
Ravioli, Cheese	Arrezzo/7637		X	X	X						
Ravioli, Beef	Sysco Classic/6414482006	X		X							X
Yakisoba Noodle	Amoy/6108			X							X
Rice, Mexican	Uncle Ben's/3309	X		X*							X
Rice, Brown	Uncle Ben's/12111										
Rice, Spanish	Uncle Ben's/03008	X									
Rice, Brown Long Grain	Peak/189664580										
Tortilla, Flour Variety Pack	Mission/09711			X							
Tortilla, 8" WW	USDA Comm/B153	X*		X							
Tortilla, 8" WW	Mission/10411			X							
Tortilla, 10" WW	Mission/10425	X*		X					X		
Tortilla, 12" Tomato Basil	Sysco Classic/10258	X*		X					X	X	
Tortilla, 12" Spinach Herb	Sysco Classic/10257	X		X					X	X	X
Tortilla, 6" Flour	Casa Solana/10492	X*		X					X		
Taco Shell, 7"	Mission/10112									X	
Taco Shell, 5"	Casa Solana/10114										
Chow Mein Noodles	La Choy/4430012620	X		X					X		
Cornbread Mix	Sysco Classic/4948089	X	X	X	X	X*			X		

Cornmeal, Yellow	<b>Aunt Jemima/03108</b>			X						
Croutons	<b>Sysco Classic/74930</b>			X	X	X*		X		X
Saltine Crackers, Zesta	<b>Keebler/003010001008</b>	X		X						
Pretzel, Soft Wheat	<b>J&amp;J Snacks/30110</b>			X						
Pretzels	<b>Rold Gold/19132</b>			X						X
Tortilla Chips, Scoops	<b>Tostitos/42391</b>	X								
Tortilla Chips	<b>Santitas/047751</b>	X*								

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		*Contains Soy Oil	*Processed in a facility that contains	*Contains ingr that may have gluten	*May contain	*Processed in a facility that contains nuts					
<b><u>To Go Snacks:</u></b>											
Fruit Roll Up, Crazy Color	General Mills/11561000								X		X
Fruit Roll Up, Tropical Tie-Die	General Mills/11790000								X		X
BBQ Potato Chips	Baked Lays/44395	X	X	X					X		X
SunChips, Original WG	Sunchip/44425			X							
Potato Chips, Original	Lays/12255										
Sour Cream & Onion Potato Chips	Baked Lays/44396	X		X	X						
Cheese Nips, 100 Cal.	Nabisco/001932000759	X*		X	X				X		
Cheetos, Crunchy SS	Cheetos/32419				X				X		
Cheetos, Crunchy	Cheetos/216412				X				X		
Cheddar White Popcorn	SmartFood/30976				X						
Chex Mix, Strawberry Yogurt	General Mills/14502000	X		X*	X					X	X
Chex Mix, Chocolate Caramel	General Mills/14501000	X		X*	X		X	X	X	X	X
Goldfish Crackers, Cinnamon Grah	Pepperidge Farm/15094	X		X					X		
Goldfish Crackers, Cheese	Pepperidge Farm/07944	X*		X					X		
Goldfish Crackers	Pepperidge Farm/14367	X*		X	X						
Graham Crackers, Honey	Keebler/38299	X		X			X		X		
Graham Crackers	Keebler/38406	X*		X					X		
Club Crackers	Keebler/5363	X		X			X				
Rice Cake, Caramel Corn	Quaker/43381	X				X					X
Rice Krispies Treat Bar	Kellogg/3800026547	X			X						X
Snack Mix, Original	Gardetto/11178			X					X	X	X
Snack Mix, Kid Mix	Quaker/36308			X	X				X	X	X
Corn Chips	Fritos/12248										
Oatmeal & Brown Sugar Snack Bar	Quaker/43947	X		X			X	X	X		X
Nacho Cheese Chips	Doritos/44440	X		X	X				X		X
<b><u>Meat, Cheese, Dairy, Eggs:</u></b>											
Popcorn Chicken	Tyson/2940-328	X		X	X						X
Chicken Nuggets	Tyson/4172-328	X	X	X							X
Chicken Tender	Tyson/4114-328	X		X	X						X
Chicken Breast Fillet	Tyson/15476-328										X
Breaded Chicken Patty	Tyson/4173-328	X	X	X							X
Spicy Chicken Patty	Tyson/5567-328	X	X	X	X						X
Fajita Chicken Strips	Tyson/4621-820			X*					X		X
Diced Chicken Meat	Tyson/3481-328										
Oven Baked Chicken	Gold Kist Farms/13375	X		X							X
Corn Dog, Chicken WG	Foster Farm/95150	X	X	X	X						
Turkey Breast, Chunked	Jennie-O/6448-20										
Turkey, Chunked	Jennie-O/6447-20										
Turkey Breast, Diced	Jennie-O/6423		X*								X
Turkey Breast Steak, Sliced	Jennie-O/2307-24										
Turkey Roast	USDA Comm/75632-01164										X
Turkey Breast, Sliced	Jennie-O/2099-21		X*								
Turkey Ham	Jennie-O/2565-21									X	X
Turkey Pepperoni, Sliced	Jennie-O/2130-12	X								X	X
Turkey Ham, Sliced	Jennie-O/2031									X	X
Turkey Pepperoni, Diced	Jennie-O/6424-20	X								X	X

Turkey Patty	Jennie-O/61330									X	
Turkey Frank	Jennie-O/6128-69									X	X
BBQ Turkey	Jennie-O/2851-28			X*							X
Turkey Sausage, Link	Jennie-O/6137-35			X*						X	X
Turkey Sausage, Patty (comm)	Jennie-O/6132									X	X
Turkey Sausage Patty	Sysco Classic/801007	X								X	X
Turkey Bacon, Canadian	Jennie-O/2031									X	X
Ham, Buffet Boneless	Farmland/70247155940										X
Beef Patty, Island	Advance/1-25-824-20	X		X							X
Beef Patty, (comm)	Don Lee Farms/G37270	X									X
Beef Crumbles	Advance/1-320630-20	X									X
Beef Dunkers	Advance/3727	X		X							X
Beef Meatballs, (comm)	Pierre/9372	X	X	X	X						X
Beef Meatballs	Advance/1-17-505-0	X		X	X						X
Chili, Canned w/ Beans	ChefMate/5000005208	X		X							X
Chili, con Carne, Canned w/ beans	Libby/3900003125	X		X							X
Burrito, Bean & Cheese	Butcher Boy/1033201	X*		X	X						
Burrito, Bean & Cheese	Fernando/21104	X			X						X
Pork Carnitas	JTM/CP5230	X		X*							X
Pepperoni, Sliced	Farmland/70247174797									X	
Pepperoni, Beef & Pork	Carando/76033-13163									X	X
Sausage Crumbles, Pork	Hormel/26583	X									X
Sausage, Pork Patty	Farmland/70247138147									X	
Tuna, Canned	Chicken of the Sea/7087	X						X			
Tuna, Canned	Empress/110573600X	X						X			
Tofu, Firm	MoonRose/0684977	X									
Bacon Bits, Imitation	Sysco Classic/46074	X		X							

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<b><u>Meat, Cheese, Dairy, Eggs:</u></b>											
Cheese, American sliced	Bongards/71078	X			X						
Cheese, American sliced	Schreiber/18045	X			X						X
Cheese, Swiss sliced	Schreiber/10734	X			X						
Cheese, Cheddar Reduced Fat	Land O'Lakes				X						
Cheese, Cheddar shredded	Davisco/USDA Comm				X						
Cheese, Mozzarella shredded	Miceli's/31309				X						
Cheese, Parmesan shredded	Arezzio/504704	X			X						
Cheese, Parmesan shredded	County Line/73424										
Cheese, Ricotta	Saputo/101592			X*	X						
Cheese, Cottage 4% & 2%	Darigold				X						
Cheese, Cottage 1%	Alprose				X						
Cheese, Cream, whipped	Raskas/DR62P				X						
Cheese, Cream, 3 lb	Sysco Imperial/39837				X						
Cheese, Cream, 1 oz pouch	Philadelphia/002100061120				X						
Cheese, Cream, 1oz	Philadelphia/002100061094				X						X
Cheese, Mozz Quesadilla	CoyGrill/88007	X	X	X	X						X
Egg Omelet, Cheese 6"	Papetti's/46025-85037		X		X					X	
Egg Patty	Micheal/85017	X*	X		X						
Egg Patty, 3.5"	Papetti's/46025-85017		X		X						
Eggs, Hard Cooked Dry	Papetti's/46025-85018		X								
Eggs, Diced	Papetti's/46025-64102		X								
Eggs, Hard Boiled Whole	Papetti's/46025-62102		X								
Eggs, Hard Boiled	Wholesome Farms/025104		X								
Eggs, Liquid	Michael/46025-91200-00		X								
Sour Cream	County Line/640				X						
Sour Cream	Alpine/592678			X*	X						
Margarine, Solid	Sysco National/1675529	X			X				X		X
Margarine, Promise Cup	Promise/11115-18200	X*			X						
Yogurt, Vanilla Low-Fat	Yoplait/007047000439				X						X
Yogurt, Strawberry Banana Original	Yoplait/430000				X						X
Yogurt, Strawberry Banana Blast Tr	Yoplait/17726000				X						X
Yogurt, Crush Cup	Dannon/NA				X						X
Yogurt, Yami	Yami/4925										X
Milk, All Flavors and Varieties	Darigold/1% and FF Choc				X						
<b><u>Premade Lunch Entrees</u></b>											
Pizza Stick	Hot Pocket/5300	X	X	X	X				X	X	X
Pizza, Harvest Cheese	Big Daddy/6771481	X		X	X						
Pizza, Plain Box	Star Pizza/B16WKPLAIN	X		X	X						
Potato Salad	Orval Kent/42886	X*	X		X					X	X
Macaroni Salad	Orval Kent/1199546	X	X	X				X		X	X
<b><u>Produce, Frozen/Canned/Dry:</u></b> (Only products containing allergens are listed)											
Sweet Potato Fries	McCain/MCF04566	X*		X							X
Potato Fries, Steak Cut	McCain/MCX75										X
Potato Fries, 1/4"	McCain/MCX01			X							X



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<b><u>Spices/Seasonings &amp; Baking Ingredients, Oil:</u></b> <b><u>Only ones containing allergens are listed</u></b>											
Lemon & Pepper Seasoning Salt	Sysco Imperial/90019606										X
Fajita Seasoning Mix	Lawry's/2150080091	X		X							X
Taco Seasoning	Sysco Imperial/974371				X						
Flour, All Purpose	Gold Medal/14473			X							
Soybean Oil, Salad	Chefprd/54110-CHP	X									
Olive Oil 80/20 Blend	Arrezzo/ARRE-8020-61	X*									
Baking Powder	Calumet/00430008458									X	
Shortening, Liquid Vegetable	Chefprd/45531-CHP							X		X	
Pan Spray	Vegalene/22021	X*						X			
<b><u>Sauces, Bases, &amp; Flavorings:</u></b>											
Cornstarch	Sysco Classic/1002										
Gravy, Instant Turkey, No MSG	Knorr/4800191699	X*		X	X			X			
Gravy, Instant Beef	Legout/3750075001	X		X	X			X			X
Gravy, Instant Turkey	Legout/3750075006	X		X	X			X			X
Chicken Base	Minor's/7482645906	X		X	X			X			X
Vegetable Base	Minor's/7482603306										X
Enchilada Sauce	Pace/13170			X*							
Cheese Sauce, Jalapeno Lite	Gehl's/G03215				X						X
Cheese Sauce	Gehl's/G03214				X			X			X
Marinara Sauce	Angela Mia/2700039125							X			X
Orange Sauce	Jade Mountain/NA			X*				X			X
Pizza Sauce	Don Pepino/1005										
Peanut Sauce	House of Tsang/11477			X		X			X		X
Pesto	Arezzio/198036	X*			X						X
Soup Base, Beef	Knorr/4800191469	X		X				X			X
Soup Base, Chicken	Knorr/4800191468	X		X							X
Soy Sauce	Kikkoman/00171	X		X							
Soy Sauce, Lite	Kikkoman/00130	X		X							
Spaghetti Sauce, Del Monte	Del Monte/USDA Comm			X*				X			
Spaghetti Sauce, Vine-Ripe	Vine Ripe/USDA Comm			X*				X			
Spaghetti Sauce, Angela Mia	Angela Mia/2700042201	X*						X			X
Sweet & Sour Sauce	Minor/5000031681	X						X			
Sweet & Sour Sauce	Kikkoman/04902	X		X							
Szechuan Sauce	Minor/5000031661	X						X			X
Taco Sauce	LaVictoria/02105										
Teriyaki Sauce	Kikkoman/01044	X		X				X			
Teriyaki Sauce	Kikkoman/04910	X		X				X			
Crushed Tomatoes	Angela Mia/2700038064										
Diced Tomatoes	Angela Mia/2700037854										
Tomato Sauce	Hunt's/2700039061										X
Tomato Paste	Hunt's/2700038835										
Tomato Soup, Condensed	Campbell's/00016	X*		X				X			X

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<b><u>Sweets/Dessert Ingredients:</u></b>											
Chocolate Chips, Imitation	Sysco Classic/SYS5335757	X			X						
Cocoa Mix, Instant	Nestle/4939591	X		X	X				X		X
Cocoa Mix, Rich Instant Packet	Nestle/5000025485	X		X	X				X		X
Cookie, Animal	J&J Snacks/39080	X		X	X						
Cookie, Chocolate Chips Ahoy	Nabisco/001932000937	X		X	X			X			
Cookie, Fortune	Golden Pheasant/C00060	X			X						
Cookie, Oreo	Nabisco/001932000938			X							X
Cookie, Sugar	Otis Spunkmeyer/58104	X	X	X				X			X
Cookie, Chocolate Chip	Otis Spunkmeyer/58100	X	X	X	X					X	
Cookie, Peanut Butter	Otis Spunkmeyer/58805		X	X	X				X		X
Cookie, Oatmeal Raisin	Otis Spunkmeyer/58803		X	X	X						X
Roll, Cinnamon Dough	Rich's/03439	X*	X	X	X*			X			X
Roll, Cinnamon Dough	Rich's/08344	X*	X	X	X*			X			X
Ice Cream Bar, Chocolate Sundae	Blue Bunny/796296			X	X				X		X
Ice Cream Bar, Fudge	Blue Bunny/218082				X	X*					X
Ice Cream Bar, Strawberry Sundae	Blue Bunny/796307	X		X	X				X		X
Ice Cream Sandwich, Vanilla	Blue Bunny/633858	X		X	X				X		X
Whipped Topping, Non-Dairy	Rich's/02559							X	X		
Marshmallow, Mini	JetPuff/060069966076										X
Vanilla Icing, Heat N' Ice	Rich's/21952								X		X
<b><u>Premade Breakfast Entrees:</u></b>											
Ultimate Breakfast Round	Rich's/07816	X	X	X	X	X*					X
Graham Crackers	Keebler/38299	X		X							X
French Toast Sticks	Aunt Jemima/1960043585	X		X	X			X		X	X
French Toast Sticks	Aunt Jemima/43585	X		X	X			X	X		X
Muffin, Harvest Bran	Otis Spunkmeyer/07110	X	X	X	X			X			X
Muffin Mix, Blueberry	Baker Source/5912290	X	X	X					X		X
Muffin Mix, Basic	General Mills/11432000	X	X	X	X				X		X
Pancakes, Whole Grain	Krusteaz/80349	X	X	X	X						
Waffle Stix	Krusteaz/40300	X*	X	X	X						X
Waffle	Bakers Classic/05610	X		X	X						
<b><u>Breakfast Breads:</u></b>											
Bagel, Mini Whole Wheat	Franz/70639	X*		X							
Bagel, Mini Cinnamon	Franz/70643	X*		X							
Bagel, Cinnamon Raisin	Franz/70603	X*		X				X			
Bagel, Onion	Franz/70632	X*		X				X			
Bagel, Wheat	Franz/70635	X*		X				X			
Bagel, Blueberry	Franz/70633	X*		X				X			X
Bagel, Plain	Franz/70631	X*		X				X			
Biscuit, Buttermilk	Pillsbury/106236000			X	X				X		X
Biscuit, Buttermilk	General Mills/06236	X*		X	X				X		X
Muffin Mix, Corn	General Mills/1154000	X	X	X	X						
English Muffin, Sliced	Bimbo/94078	X		X	X			X			
English Muffin, Whole Wheat	Hi-Vibe/4710475	X		X	X						X
English Muffin, Whole Wheat	Franz/70604	X*		X							
Texas Toast	Franz/70008	X		X	X			X			



